G45 Gastroenterology

- diagnosis
 - absolute neutrophil count in peritoneal fluid >0.25x10⁹ cells/L (250 cells/mm ³)
 - Gram stain positive in only 10-50% of patients
 - . culture positive in <80% of patients (not needed for diagnosis)
- prophylaxis: consider in patients with:
 - cirrhotic with GI bleed: ceftriaxone IV daily or norfloxacin BID x 7 d
 - previous episode of SBP: long-term prophylaxis with daily norfloxacin or TMP-SMX
- treatment
 - IV ABx (cefotaxime 2 g IV q8h or ceftriaxone 2 g IV daily is the treatment of choice for 5 d; modify if response inadequate or culture shows resistant organisms)
 - IV albumin (1.5 g/kg at time of diagnosis and 1 g/kg on day 3) decreases mortality by lowering risk of acute renal failure

Biliary Tract

Jaundice

• see Table 2, G5 and Figures 15 and 16

Definition

• yellowing of the skin, sclera, and/or mucous membranes due to abnormal deposition of pigmented bilirubin

Signs and Symptoms

- dark urine, pale stools: suggests that bilirubin elevation is from direct fraction
- pruritus: suggests chronic disease, cholestasis
- abdominal pain: suggests biliary tract obstruction from stone or pancreatic/biliary tumour (obstructive jaundice)
- painless jaundice in the elderly: think of pancreatic cancer
- kernicterus: rarely seen in adults due to maturation of blood brain barrier

Investigations

- blood work: CBC, bilirubin (direct and total), liver enzymes (AST, ALT, ALP, GGT), liver function tests (INR/PT, PTT, albumin), ± amylase/lipase
- U/S or CT for evidence of bile duct obstruction (e.g. bile duct dilation)
- more detailed evaluation of bile duct ± surrounding structures like pancreas:
 - MRCP: non-invasive
 - EUS: sensitive for stones and pancreatic tumours
 - ERCP: invasive, most accurate, allows for therapeutic intervention
 - PTC: if ERCP fails (endoscopic access not possible)

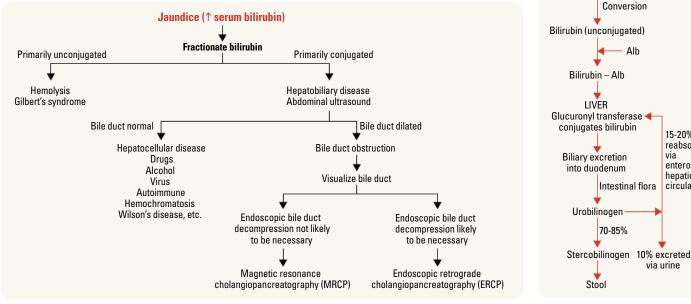


Figure 15. Approach to jaundice

Figure 16. Production and excretion of bilirubin

RBC destruction

(reticuloendothelial system)

Hb

Heme

Globin

15-20% reabsorbed

entero-

hepatic

circulation

via